

HEALTH STATUS: 2007



Access to Care Indicators for Thurston County

INDICATOR: Percentage of adults under age 65 in poor or fair health.

Approximately 9.4% of Thurston County adults under age 65 are in poor or fair health. This equates to an estimated 14,400 county adults between the ages of 18-64 who are not in good health. Approximately 13.2% of Washington State adults under age 65 are in poor or fair health. (BRFSS 2007)

- Research has found that a person's rating of their general health status is a credible predictor of future health.

DATA FOR THURSTON COUNTY ADULTS: POOR OR FAIR HEALTH STATUS IN 2007

% HS = Poor or fair health status ^ Estimates for county adults age 18-64 (under age 65)

BY GENDER [^]	% HS IN 2007
Female	11.3%
Male	7.5%

BY HOUSEHOLD INCOME [^]	% HS IN 2007
Under \$34,999 (<i>poverty and low income</i>)	19.4%
\$35,000 and up	5.6%

BY AGE	% HS IN 2007
18 to 34	6.3%
35 to 49	8.9%
50 to 64	14.0%
65 and up	23.7%
18 and up (<i>all adults</i>)	11.5%

BY EDUCATIONAL ATTAINMENT [^]	% HS IN 2007
High School/GED or Less	14.7%
Some College/Technical School	10.3%
College Graduate	4.7%

BY INSURANCE COVERAGE [^]	% HS IN 2007
Have Health Insurance	8.8%
Uninsured	13.2%

BY EMPLOYMENT STATUS [^]	% HS IN 2007
Employed	5.5%
Not Employed	18.4%

DATA NOTES:

- The survey question used to identify a person's health status was "Would you say that your health in general is excellent, very good, good, fair or poor?"
- Employed = Being employed for pay which includes wages, salary and self-employment.
- Household Income = Annual household income from all sources.

DATA SOURCE:

- Behavioral Risk Factor Surveillance Survey (BRFSS). Prepared by the Thurston County Public Health & Social Services Department.
- Survey data is collected from a random sample of adults, age 18 and up, who live at a private residence within the geographic boundaries of Thurston County (or Washington State for statewide figures). The data reflects the behaviors and experiences of the majority of adult residents, however, individuals living in institutions (e.g. dorms, group homes, assisted living, corrections facilities) or who do not have a landline telephone in their home (e.g. only use a cell phone or have no phone) are not surveyed.
- BRFSS is conducted throughout the calendar year. The survey is available in English and Spanish.