DATA SNAPSHOT

THURSTON THRIVES
CHILD AND YOUTH RESILIENCY ACTION TEAM

Thurston County Public Health & Social Services Department
February 2014
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INTRODUCTION

Thurston Thrives is a community initiative focusing on how healthy people are today and the factors that influence how healthy the community will be in the future. These factors are: health behavior, the physical and built environment, health services, and local social and economic conditions. Together, these factors directly impact how long local residents live and the quality of life they experience during their lifetime.

Thurston Thrives was established by the Thurston County Board of Health and is overseen with assistance of the Thurston Thrives Advisory Council. Topics that research has shown significantly influence community health are reviewed with the help of action teams. Each action team is led by a community member with in-depth knowledge of the topic area. The action teams are empowered to develop a common agenda on how best to address their topic area locally and are asked to report their recommendations to the Board of Health and Thurston Thrives Advisory Council.

CHILDREN, RESILIENCE AND HEALTH

In 2013, the Thurston Thrives Child and Youth Resilience Action Team was formed to review the topic of resilience and its connection to children’s health. Sandra Romero, Thurston County Commissioner serves as the Child and Youth Resilience Action Team lead.

SNAPSHOT

The purpose of this report is to provide support to those examining the connections between children, resilience and health.

- Data in this report provides a current snapshot of community health issues associated with child and youth resilience. A selected set of measures related to the topic are presented.
- Other local community data reports and plans with additional information about this topic may be available and are not integrated into the snapshot.

QUESTIONS

If you have questions about:

- The Thurston Thrives initiative contact Chris Hawkins, Coordinator, 360-867-2513, hawkinc@co.thurston.wa.us
- The Snapshot Report contact Mary Ann O’Garro, Epidemiologist, 360-867-2525, ogarrom@co.thurston.wa.us
TRAUMA AND STRESS

Negative, chronic experiences from conception to adolescence influence the life chances of children.
ADVERSE EXPERIENCES.

Research has identified a set of experiences, called adverse childhood experiences, associated with increased risk for poor physical and mental health outcomes. Included in these adverse experiences are: 1) physical abuse, 2) sexual abuse, 3) verbal abuse, 4) witnessing domestic violence, 5) living with someone who is mentally ill, depressed or suicidal, 6) having a family member with a substance abuse problem, 7) parental discord such as divorce, separation or abandonment and 8) having a family member incarcerated (e.g. jail, prison). Adverse childhood experiences, or ACEs, can be stressful and traumatic to children. The more ACEs experienced as a child, the higher the risk for a range of health issues across the life span including: (1-2)

- Alcohol and drug abuse
- Chronic obstructive pulmonary disease (COPD)
- Cigarette smoking
- Depression
- Heart disease
- Interpersonal violence
- Liver disease
- Sexually transmitted diseases
- Suicide

MEASURE: Percent of county adults who had 3 or more adverse experiences during childhood.

WHAT WE KNOW.

- In 2011, 32% of Thurston County adults had 3 or more adverse experiences during childhood
  - This equates to an estimated 62,931 county adults with a high ACEs score.
- In 2011, Thurston County had the 8th highest ACEs score when compared to all 39 Washington State counties (1 = worst/highest, 39 best/lowest).
**CHILD ABUSE.**

Abuse by a parent or caregiver results in immediate harm to a child, however maltreatment also has consequences for health and well-being across the lifespan. Children are not able to manage stress that results from violence-related experiences. Over time this type of stress can be frequent and uncontrollable making it toxic for abused children. Toxic stress has been shown to disrupt brain development and impact the functioning of both the immune and nervous systems. Children who experience abuse are at increased risk for poor physical and mental health outcomes over the lifespan. (4-6)

**MEASURE:** Percent of county youth and adults who were physically abused by an adult during childhood.

![Bar chart showing percent of youth and adults experiencing physical abuse by an adult during childhood in Thurston County and Washington State, 2011 & 2012.]

**WHAT WE KNOW.**

- Experiencing physical abuse during childhood is common.
- In 2011, 21% of Thurston County adults had experienced physical abuse during their childhood.
  - This equates to an estimated 41,298 county adults.
WHAT WE KNOW.

- Low income Thurston County high school students are more likely to have experienced physical abuse at some point in their childhood compared to all students and students who are not low income.
  - In 2012, almost half of low income Thurston County 10th graders had experienced physical abuse at some point in their childhood.
DOMESTIC VIOLENCE.

Domestic violence involves a pattern of aggressive and coercive behaviors between individuals in an intimate relationship. Domestic violence can take several forms including: physical violence, sexual violence, emotional violence and threats of violence. Abusive behaviors can look like biting, choking, rape, humiliation, vandalizing property, denying access to money to control the victim and homicide.

Exposure to domestic violence negatively affects the health of children. Potential effects on children include: infants exhibiting attachment and feeding problems, preschool children showing anxiety and sleep disturbances, school age children presenting with Attention Deficit Hyperactivity Disorder (ADHD)-like behaviors (e.g. distractibility) and aggression, and adolescents engaging in substance abuse and early sexual activity. (8-10)

MEASURE: Percent of county adults who witnessed domestic violence during their childhood.

WHAT WE KNOW.

- In 2011, 15% of Thurston County adults had witnessed domestic violence during their childhood.
  - This equates to an estimated 29,499 county adults witnessing physical violence between their parents during childhood.
- In 2011, 15% of Thurston County adults had been victims of domestic violence at some point in their lifetime.
WHAT WE KNOW.

- In 2012, about 1 in 10 Thurston County 12th graders had experienced dating violence in the past year (9%).
BULLYING.

Bullying is aggression. It can take many forms such as verbal harassment, spreading rumors through text messages, property destruction, social exclusion and physical attacks. Bullying is chronic (repeated over time) involves two or more people who do not have the same real or perceived power. Bullying not only affects the victim, but also bystanders who observe the abuse. Numerous negative outcomes are associated with being bullied including anxiety, contemplating suicide and physical symptoms related to the stress of being bullied. (11-13)

MEASURE: Percent of county youth who have been bullied.

![Bar chart showing percent of youth experiencing bullying in the past month by grade in school, Thurston County and Washington State 2012](chart_url)

**WHAT WE KNOW.**

- Bullying is a common experience among Thurston County middle school and high school students and has not declined over the past decade.
  - In 2012, 30% of Thurston County 8th graders had experienced bullying in the past month (in 2002, 29% had experienced bullying).
  - Among Thurston County 10th graders in 2012, 24% had experienced bullying in the past month (in 2002, 22% of county 10th graders had experienced bullying).
- In 2012, 11% of Thurston County 8th graders and 12% of county 10th graders experienced electronic aggression (bullying, harassment or intimidation through technology devices such as a computer or cell phone) in the past month.
SUICIDE.

Suicide is a serious health issue and is a leading cause of death for adolescents and young adults. Suicidal thoughts are not uncommon among youth. Research shows several key factors that help prevent youth suicide by counteracting or balancing suicidal thoughts or feelings. These protective factors include having positive coping skills, supportive friends or family, knowing people believe in you, being optimistic about the future and having adults around that notice how you are doing. (14-16)

MEASURE: Suicide related hospitalization rate for county youth age 15-24.

WHAT WE KNOW.

- Suicide is the 2nd leading cause of death for Thurston County youth age 15-24 (based on 2007-2011 data). The leading cause of death is accidents (e.g. unintentional injuries). (18)
  - On average each year there are 5 suicide deaths among county youth age 15-24.
- Between 2007-2011 the suicide hospitalization rate for Thurston County youth was higher when compared to Washington State for all age groups (15-17, 18-19, 20-24)
  - On average each year there are 31 suicide related hospitalizations among county youth age 15-24.
MEASURE: Percent of county high school youth who seriously considered attempting suicide.

WHAT WE KNOW.

- Low income Thurston County high school students are more likely to have seriously considered attempting suicide compared to all students and students who are not low income.
  - In 2012, 36% of low income Thurston County 10th graders had seriously considered attempting suicide in the past year.
- In 2012, of all Thurston County 10th graders who seriously considered attempting suicide 40% had attempted suicide at least once in the past year (60% had not).
HOMELESS.

Some of the most vulnerable people in our community are homeless children and youth. Homeless children are more likely to have learning disabilities, emotional problems and chronic health conditions (e.g. asthma). Children who live through traumatic childhood experiences (e.g. child abuse) and stressful life situations (e.g. foster care placement) are at increased risk for homelessness as adults. There are many circumstances that increase a child’s risk for becoming homeless, such as living in home where domestic violence occurs, living in poverty and living in unaffordable housing. (19)

MEASURE: Number of county children who are homeless.

![Chart showing number of homeless children enrolled in Thurston County School Districts by where they are at night, Thurston County 2011-2012 School Year.]

Data Source: Homeless Children and Youth Data Collection System (20)

Unsheltered = Living outdoors or place not fit for habitation
Shelter = Living in temporary emergency shelter or transitional housing
Motel = Living in motel or hotel due to having no other place to go
Doubled Up = Living with relatives or friends due to loss of housing/economic hardship

WHAT WE KNOW.

- During the 2011-2012, Thurston County school district identified 1,123 homeless students enrolled in preschool through 12th grade in local schools.
  - Of this total, 52% of county homeless students were in preschool - 6th grade and 48% were in 7th - 12th graders.
- Homeless children who are not school age or in school are not included in the counts above.
INCOME.

Income is a determinant of health, meaning it influences how healthy you are and how long you live. Living in poverty and experiencing economic hardship is a threat to the health and well-being of children. Research shows that children who are lower income are more likely to be born low birth weight, lack preventive care, be in poorer overall health, have lower academic performance and lack basic necessities for living like nutritious food. (21-23)

MEASURE: Percent of county children who are low income or living in poverty (under 200% of poverty level).

WHAT WE KNOW.

- In 2012, 19% of all Thurston County children age birth to 17 were in poverty and 22% were low income (Washington State = 19% in poverty, 22% low income).
- The number of Thurston County children age birth to 17 who are low income or living in poverty increased from an estimated 14,540 in 2008 to 23,354 in 2012. This equates to a 61% increase in the number of county children who are low income or living in poverty.
  - In 2012, the number of Thurston County children in poverty was 10,682 and the number low income was 12,672. In 2008, the number of county children in poverty was 4,478 and the number low income was 10,062.
- Of Thurston County children who were low income or in poverty in 2012, 37% were age birth to 5 and 63% were age 6 to 17.
MEASURE: Percent of county children who are in severe poverty (under 50% of poverty level).

WHAT WE KNOW.

- In 2012, an estimated 8% of Thurston County children age birth to 17 lived in severe poverty.
- The number of Thurston County children who are living in severe poverty increased from an estimated 1,509 in 2008 to 4,724 in 2012.
- Of Thurston County children in severe poverty in 2012, 33% were age birth to 5 and 67% were age 6 to 17.
SOCIAL SUPPORT AND RESILIENCE

Natural supports and characteristics of children promote resilience and positive health outcomes.
**CARING ADULTS.**

Children and youth need positive relationships with adults who support, guide and value them. Caring adults are often parents or other family members, but not all children have a positive connection with family. School staff, neighbors and others in the community can also provide children with the sense that an adult is ‘there’ for them. The presence of caring adults is a protective factor for children and youth. Positive adult connections help children develop their potential, bounce back when things are not going well and reduce their risk for substance use and interpersonal violence. (25-27)

**MEASURE:** Percent of youth who feel they are not alone in life.

![Graph showing percent of youth who do not feel alone in life by grade and income in Thurston County and Washington State 2012.](image)

**WHAT WE KNOW.**

- In 2012, 73% of Thurston County 8th graders do not feel alone in life (27% feel alone).
  - Among low income county 8th graders, 54% did not feel alone in life (46% feel alone).
- Between 8th grade and 10th grade, the percent of youth who do not feel alone begins to decrease. In 2012, 65% of Thurston County 10th graders do not feel alone in life (35% feel alone).
  - Among low income county 10th graders, 51% do not feel alone in life (49% feel alone).
MEASURE: Percent of youth who have a parent or adult to turn to.

![Bar chart showing percent of youth who have an adult to turn to, Thurston County 2012](chart.png)

**WHAT WE KNOW.**

- In 2012, among Thurston County 8th graders:
  - 81% could ask their parent for help if they had a personal problem (19% could not ask a parent for help)
  - 77% had an adult in their neighborhood they could talk to about something important (23% had no neighborhood adult to talk to).
- In 2012, among Thurston County 10th graders:
  - 76% could ask their parent for help if they had a personal problem (24% could not ask a parent for help)
  - 75% had an adult in their neighborhood they could talk to about something important (25% had no neighborhood adult to talk to).
- In 2012, 10% of Thurston County 8th graders and 12% of county 10th graders had neither a parent or neighborhood adult they could turn to about something personal or important.
PARTICIPATION.

Children and youth need opportunities to participate in activities that increase their confidence and help them contribute in meaningful ways. Meaningful participation can take many forms in family (e.g. developmentally appropriate chores, decision making), school (e.g. crossing guard, band, tutoring other students) and community settings (e.g. sports, dance). Children provided with opportunities to participate that incorporate some level of responsibility and support (e.g. verbal praise) are given the message that they are worthy and capable individuals. Participation can help build skills and a sense of competence that contribute to a child’s long term health and well-being. (28)

MEASURE: Percent of youth who have after school opportunities to participate.

WHAT WE KNOW.

♦ In 2012, 62% of Thurston County 8th graders had weekly opportunities to participate in supervised after school activities (38% did not).
  - Among low income county 8th graders, 48% had weekly opportunities to participate (52% did not).
♦ In 2012, 65% of Thurston County 10th graders had weekly opportunities to participate in supervised after school activities (35% did not).
  - Among low income county 10th graders, 51% had weekly opportunities to participate (49% did not).
MEASURE: Percent of youth who have opportunities to participate in decision making.

WHAT WE KNOW.

- In 2012, among Thurston County 8th graders:
  - 70% had the opportunity to share what they thought before most family decisions affecting them were made (30% did not)
  - 52% had lots of opportunities to help decide things at school like class activities and rules (48% did not)
- In 2012, among Thurston County 10th graders:
  - 63% had the opportunity to share what they thought before most family decisions affecting them were made (37% did not)
  - 51% had lots of opportunities to help decide things at school like class activities and rules (49% did not)
PURPOSE.

Children and youth do better when they have a sense of purpose or direction. Purpose can come from a wide range of beliefs and attitudes, often taking the form of goals and aspirations that are uniquely meaningful to each child. Having a sense of purpose can grow when things that spark a child’s interest are supported and valued by those around them. This future outlook on life and self impacts daily decisions, influences behavior and promotes psychological health. (29)

MEASURE: Percent of youth who look forward to the future.

WHAT WE KNOW.
- In 2012, 77% of Thurston County 8th graders looked forward to the future.
  - Among low income county 8th graders, 61% looked forward to the future.
- In 2012, 72% of Thurston County 10th graders looked forward to the future.
  - Among low income county 10th graders, 58% looked forward to the future.
MEASURE: Percent of youth who have goals and plans for the future.

![Bar chart showing percent of 6th grade youth who have goals and plans for the future in Thurston County and Washington State 2012.](chart)

Data Source: Healthy Youth Survey (7)
Youth is 6th grade are usually 11-12 years old.

**WHAT WE KNOW.**

- In 2010, 88% of Thurston County 6th graders have goals and plans for the future (12% did not).
EARLY LEARNING AND PREVENTIVE SERVICES

Access to services that prevent health problems and promote healthy child development is vital.
EARLY PRENATAL CARE.

Entering prenatal care early, within the 1st – 3rd month of pregnancy, improves the health of both mother and baby. Prenatal care is a set of medical services that supports having a healthy pregnancy. These services include identifying and treating conditions and/or behaviors that may result in negative birth outcomes. Quality prenatal care reduces the chance of complications during pregnancy, having a baby that is preterm (born too early) and risk for birth defects. (30-31)

MEASURE: Percent of county women receiving prenatal care in the first trimester of pregnancy by age.

![Percent of Women Receiving Prenatal Care in the First Trimester of Pregnancy by Age Group: Thurston County and Washington State 2010-2012](image)

Data Source: Birth Certificates (32)

WHAT WE KNOW.

- Between 2010-2012, 81% of Thurston County women of all ages had prenatal care starting in the first trimester of pregnancy (Washington State = 79%).
  - Younger Thurston County women are less likely to start prenatal care in the first trimester of pregnancy.
- On average each year 567 Thurston County women have no prenatal care in the first trimester of pregnancy (based on 2010-2012 data).
ATTENDING PRESCHOOL.

Attending a quality preschool has numerous positive effects on the well-being of children. Research shows that preschool participation influences readiness for school, academic achievement and reduces the impact of disabilities or developmental delays that might otherwise require specialized educational instruction in later years. Early child development and success in school are foundational to health. (33-34)

MEASURE: Percent of county children age 3-4 attending preschool.

<table>
<thead>
<tr>
<th></th>
<th>Thurston</th>
<th>WA State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not in Preschool</td>
<td>60%</td>
<td>60%</td>
</tr>
<tr>
<td>In Preschool</td>
<td>40%</td>
<td>40%</td>
</tr>
</tbody>
</table>

Data Source: American Community Survey (24)

WHAT WE KNOW.

- In 2012, an estimated 40% or about 2,461 Thurston County children age 3-4 were in preschool (Washington = 40%).
  - An estimated 3,652 county children age 3-4 did not attend preschool (60%).
- Of Thurston County children attending preschool in 2012, 13% lived in poverty and 87% did not.
POPULATION CHANGE

Demographic and societal shifts are occurring locally and projected over the next decade.
MORE CHILDREN.

Children need many things to develop their full potential and be as healthy as possible – caring adults, learning opportunities, health care, safe housing and nutritious food are just a few. A growing population of children can change the demand for local services, including child care and school programs. Keeping pace with population growth can be a challenge. As the number of children increases, access to needed services can become a critical issue for families and communities. (35)

MEASURE: Percent change in number county children age birth to 17.

**Percent Change in Number of Children by Age Group, Thurston County and Washington State 2000-2012**

- **All Children 0-17**: Thurston = 9% increase, WA State = 4% increase.
- **Birth to Preschool Age 0-4**: Thurston = 18% increase, WA State = 10% increase.
- **School Age 5-17**: Thurston = 6% increase, WA State = 2% increase.

Data Source: Washington State Office of Financial Management (36-37)

WHAT WE KNOW.

- Between 2000-2012, the number of children living in Thurston County increased at a faster pace when compared with Washington State overall (Thurston = 9% increase, WA State = 4% increase).
  - The number of children age birth to 17 living in Thurston County was 52,527 in 2000 and 58,122 in 2010. In 2012, the number is estimated at 57,370.
- The number of young children, age birth to 4, living in Thurston County increased by 18% between 2000-2012.
  - There were 12,827 county children age birth to 4 in 2000 and 15,381 in 2010. In 2012, the number is estimated at 15,200.
- The number of school age children, 5 to 17, living in Thurston County increased by 8% between 2000-2012.
  - There were 39,700 county children age 5 to 17 in 2000 and 42,741 in 2010. In 2012, the number is estimated at 42,171.
Number of Children by Single Year Age Group, Thurston County Census 2010

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<th>Age Group</th>
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<tr>
<td>17 years</td>
<td>3,647</td>
</tr>
</tbody>
</table>

Data Source: Decennial Census (38)
TRANSITION AGE YOUTH.

Adolescents and young adults face a range of unique opportunities, challenges and decisions that can have a lifelong impact on their health. Transition age youth, those 16 to 24 years old, have unique needs and often experience significant discontinuity in home and community life that can be difficult to navigate. Youth with behavioral, emotional, developmental and/or physical disabilities can find this time period complicated as they move from child-serving systems to adult systems. Transition age youth who have dropped out of school, are aging out of foster care, had previous involvement with the justice system or are homeless are particularly vulnerable to poorer health outcomes. (39-41)

MEASURE: Number of county youth age 16 to 24.

Number of Transition Age Youth 16 to 24 Years Old: Thurston County 2000-2012

Data Source: Washington State Office of Financial Management (36-37)

WHAT WE KNOW.

- Between 2000-2012 the number of transition age youth, 16 to 24 years old, living in Thurston County increased by 17 % (WA State 13% increase).
- The number of transition age youth (16 to 24 years old) living in Thurston County was 25,933 in 2000 and 30,113 in 2010. In 2012, the number is estimated at 30,469.
  - In 2012, 12% of the total county population was age 16-24 years old.
MEASURE: Number of county youth age 16 to 24 by single year age group.

Number of Transition Age Youth 16 to 24 by Single Year Age Group, Thurston County Census 2010

<table>
<thead>
<tr>
<th>Age</th>
<th>Number</th>
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<td>24</td>
<td>3,273</td>
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Data Source: Decennial Census (38)
MAP GALLERY

Health in detail.
Rate of Victims in Accepted Child Abuse and Neglect Referrals 2011
Thurston County = 26.3 per 1,000, Washington State = 33.7 per 1,000

Data Source: Washington State Department of Social & Health Services, Research & Data Analysis
www.dshs.wa.gov/rda/research/risk.shtm
# of Children Age Birth to 17 (0 to 17 Years Old) who are Low Income or Living in Poverty

2008-2012 Estimates: Thurston County = 18,883 children

Data Source: U.S. Census Bureau, American Community Survey

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
% of Children Age Birth to 17 (0 to 17 Years Old) who are Low Income or Living in Poverty
2008-2012 Estimates: Thurston County = 33%, Washington State = 38%

Data Source: U.S. Census Bureau, American Community Survey
% of Young Children Age Birth to 5 (0 to 5 Years Old) who are Low Income or Living in Poverty
2008-2012 Estimates: Thurston County = 39%, Washington State = 42%

Data Source: U.S. Census Bureau, American Community Survey
% of School Age Children Age 6 to 17 Years Old who are Low Income or Living in Poverty (200%)

2008-2012 Estimates: Thurston County = 31%, Washington State = 36%

Data Source: U.S. Census Bureau, American Community Survey
% of Families with Children Age Birth to 17 Headed by a Married Couple
2008-2012 Estimates: Thurston County = 67%, Washington State = 71%

Data Source: U.S. Census Bureau, American Community Survey
% of Families with Children Age Birth to 17 Headed by One Parent
2008-2012 Estimates: Thurston County = 33%, Washington State = 29%

Data Source: U.S. Census Bureau, American Community Survey
% of Children Age Birth to 17 in One Parent Families who are Low income or Living in Poverty
2008-2012 Estimates: Thurston County = 57%, Washington State = 63%

Data Source: U.S. Census Bureau, American Community Survey
# of Children Age Birth to 4 Years Old Thurston County: 15,381 in 2010
Data Source: U.S. Census Bureau, Census 2010

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
# of School Age Children 5 to 17 Years Old Thurston County: 42,741 in 2010
Data Source: U.S. Census Bureau, Census 2010

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
# of Children Age Birth to 17 Years Old Thurston County: 58,122 in 2010

Data Source: U.S. Census Bureau, Census 2010

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
% of Population who are Children Age Birth to 17 Years Old Thurston County: 23% in 2010
Data Source: U.S. Census Bureau, Census 2010

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
# of Transition Age Youth (16 to 24 Years Old) Thurston County: 30,113 in 2010
Data Source: U.S. Census Bureau, Census 2010

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
% of Population who are Children or Transition Age Youth (Birth to 24 Years Old)

Thurston County: 32% in 2010

Data Source: U.S. Census Bureau, Census 2010

Map data represents the population living within the geographic boundaries of each school district, regardless of whether or where they attend school. Some school district boundaries cross county lines, adding district figures together will not produce a county total or equal 100% as some residents of other counties are included in local school district totals.
% of Children Age Birth to 17 (0 to 17) who are White
2010 Census: Thurston County = 74%, Washington State = 69%

Data Source: U.S. Census Bureau, Census 2010
Note: White is a federally defined racial group referring to a person having origins in any of the original peoples of Europe, the Middle East, or North Africa. Figures are based on being White alone, of no other race(s).
% of Children Age Birth to 17 (0 to 17) who are Multiracial

2010 Census: Thurston County = 12%, Washington State = 10%

Data Source: U.S. Census Bureau, Census 2010

Note: Multiracial is defined as being of two or more federally defined racial groups (American Indian/Alaska Native, Asian, Black or African American, Native Hawaiian/Other Pacific Islander or White).
% of Children Age Birth to 17 (0 to 17) who are Asian
2010 Census: Thurston County = 5%, Washington State = 7%

Data Source: U.S. Census Bureau, Census 2010
Note: Asian is a federally defined racial group referring to a person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent. Figures are based on being Asian alone, of no other race(s).
% of Children Age Birth to 17 (0 to 17) who are Black or African American
2010 Census: Thurston County = 3%, Washington State = 4%

Data Source: U.S. Census Bureau, Census 2010
Note: Black is a federally defined racial group referring to person having origins in any of the Black racial groups of Africa.
Figures are based on being Black alone, of no other race(s).
% of Children Age Birth to 17 (0 to 17) who are American Indian or Alaska Native
2010 Census: Thurston County = 1%, Washington State = 2%

Data Source: U.S. Census Bureau, Census 2010
Note: American Indian or Alaska Native is a federally defined racial group referring to a person having origins in any of the original peoples of North and South America (including Central America) and who maintains tribal affiliation or community attachment. Figures are based on being American Indian or Alaska Native alone, of no other race(s).
% of Children Age Birth to 17 (0 to 17) who are Native Hawaiian or Other Pacific Islander
2010 Census: Thurston County = 1%, Washington State = 1%

Data Source: U.S. Census Bureau, Census 2010

Note: Native Hawaiian or Other Pacific Islander is a federally defined racial group referring to a person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.
Figures are based on being Native Hawaiian or Other Pacific Islander alone, of no other race(s).
% of Children Age Birth to 17 (0 to 17) who are Other (none of the listed racial groups)
2010 Census: Thurston County = 3%, Washington State = 8%

Data Source: U.S. Census Bureau, Census 2010
Note: Other race means the person identified with none of the federally defined racial groups
(American Indian/Alaska Native, Asian, Black or African American, Native Hawaiian/Other Pacific Islander or White).
% of Children Age Birth to 17 (0 to 17) who are Hispanic or Latino
2010 Census: Thurston County = 12%, Washington State = 19%

Data Source: U.S. Census Bureau, Census 2010
Note: Hispanic or Latino is defined as an ethnicity referring to a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin regardless of race.
A person is considered either Hispanic or non-Hispanic, they can be of any race.
% of Children Age Birth to 17 (0 to 17 Years Old) who Moved to a Different Home in the Past Year
2008-2012 Estimates: Thurston County = 21%, Washington State = 17%

Data Source: U.S. Census Bureau, American Community Survey
- Special Education serves children age preschool through 21 who have a disability that requires specially designed instruction to help the child progress in school.
- Section 504 serves school age children who have a disability that requires accommodations, but not specially designed instruction, to help the child participate in school.

Data Source: Office of Superintendent of Public Instruction, Washington State Report Card
http://reportcard.ospi.k12.wa.us
CITATIONS.


