



YOUTH TOBACCO USE IN 2008

THURSTON COUNTY AND WASHINGTON STATE

Findings from the Washington State Healthy Youth Survey

CIGARETTES	THURSTON COUNTY 2008			WASHINGTON STATE 2008		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently smoke Cigarettes	7%	15%	23%	7%	14%	20%
Ever tried Cigarettes	14%	26%	35%	13%	25%	34%
Think it is easy to get cigarettes	34%	58%	76%	33%	55%	76%

Smoking cigarettes harms nearly every organ of the body, causing many diseases including cancer and coronary heart disease.

CIGARS, CIGARILLOS, LITTLE CIGARS	THURSTON COUNTY 2008			WASHINGTON STATE 2008		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Cigars, Cigarillos or little Cigars	7%	17%	22%	8%	16%	21%

Cigars contain the same toxic and carcinogenic (cancer causing) compounds found in cigarettes and are not a safe alternative to cigarettes.

BIDIS (FLAVORED CIGARETTES)	THURSTON COUNTY 2008			WASHINGTON STATE 2008		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Bidis	7%	11%	10%	6%	10%	10%

Small, thin hand-rolled cigarettes imported to the United States primarily from India and other Southeast Asian countries. Bidis have higher concentrations of nicotine, tar, and carbon monoxide than conventional cigarettes and are not a safe alternative to cigarettes.

HOOKAHS (WATER PIPE SMOKING)	THURSTON COUNTY 2008			WASHINGTON STATE 2008		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently smoke tobacco using a Hookah	5%	12%	16%	6%	10%	13%

Hookah tobacco and smoke contain numerous toxic compounds known to cause lung cancer, heart disease, and other diseases.

CLOVE CIGARETTES (KRETEKS)	THURSTON COUNTY 2008			WASHINGTON STATE 2008		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Clove Cigarettes	4%	7%	8%	4%	7%	7%

Imported from Indonesia, kreteks typically contain a mixture consisting of tobacco, cloves, and other additives. Kreteks deliver more nicotine, carbon monoxide, and tar than conventional cigarettes and are not a safe alternative to cigarettes.

CHEW, SNUFF OR DIP	THURSTON COUNTY 2008			WASHINGTON STATE 2008		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Chew, Snuff or Dip Tobacco	3%	7%	10%	3%	7%	9%

Smokeless tobacco contains 28 carcinogenic (cancer causing) agents and is a significant health risk. It is not a safe substitute for smoking cigarettes.

Current use = any use in the past 30 days (also called recent use). Ever tried = use at anytime, at any age, in the past (also called lifetime use).

Source for tobacco product facts = Centers for Disease Control and Prevention.

For more information about this data sheet contact, Mary Ann O'Garro at 360-867-2525 or ogarrom@co.thurston.wa.us





YOUTH TOBACCO USE: THURSTON COUNTY 2006 & 2008

Findings from the Washington State Healthy Youth Survey

CIGARETTES	2006 THURSTON COUNTY			2008 THURSTON COUNTY		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently smoke Cigarettes	6%	12%	16%	7%	15%	23%
Ever tried Cigarettes	14%	25%	33%	14%	26%	35%
Think it is easy to get cigarettes	36%	55%	75%	34%	58%	76%

Smoking cigarettes harms nearly every organ of the body, causing many diseases including cancer and coronary heart disease.

CIGARS, CIGARILLOS, LITTLE CIGARS	2006 THURSTON COUNTY			2008 THURSTON COUNTY		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Cigars, Cigarillos or little Cigars	9%	14%	21%	7%	17%	22%

Cigars contain the same toxic and carcinogenic (cancer causing) compounds found in cigarettes and are not a safe alternative to cigarettes.

BIDIS (FLAVORED CIGARETTES)	2006 THURSTON COUNTY			2008 THURSTON COUNTY		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Bidis	5%	8%	9%	7%	11%	10%

Small, thin hand-rolled cigarettes imported to the United States primarily from India and other Southeast Asian countries. Bidis have higher concentrations of nicotine, tar, and carbon monoxide than conventional cigarettes and are not a safe alternative to cigarettes.

CLOVE CIGARETTES (KRETEKS)	2006 THURSTON COUNTY			2008 THURSTON COUNTY		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Clove Cigarettes	4%	6%	7%	4%	7%	8%

Imported from Indonesia, kreteks typically contain a mixture consisting of tobacco, cloves, and other additives. Kreteks deliver more nicotine, carbon monoxide, and tar than conventional cigarettes and are not a safe alternative to cigarettes.

CHEW, SNUFF OR DIP	2006 THURSTON COUNTY			2008 THURSTON COUNTY		
	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS	8 TH GRADERS	10 TH GRADERS	12 TH GRADERS
Currently use Chew, Snuff or Dip Tobacco	3%	5%	7%	3%	7%	10%

Smokeless tobacco contains 28 carcinogenic (cancer causing) agents and is a significant health risk. It is not a safe substitute for smoking cigarettes.

~ Data was not collected for hookah use in 2006.

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