

Cathy Wolfe  
District One

Sandra Romero  
District Two

Karen Valenzuela  
District Three



**THURSTON COUNTY**  
WASHINGTON  
SINCE 1852

**PUBLIC HEALTH AND  
SOCIAL SERVICES DEPARTMENT**

May 11, 2009

Sherri McDonald, RN, MPA,  
Director  
Diana T. Yu, MD, MSPH  
Health Officer

Dear Valued Client:

The Thurston County Health Department Family Planning and STD clinic will close on June 30th, 2009. Despite efforts to continue this important clinic, the local economy cannot support the clinic operations. On April 14, the County Commissioners adopted a budget which ends the clinic program.

**We would like to let you know about the following resources for your health:**

**Family Planning** *Take Charge* is the family planning benefits program that many clients have enrolled in at our clinic. It covers most of the charges associated with your family planning services. Other clinics that can provide *Take Charge* coverage are: Planned Parenthood Olympia Health Center at 1-800-230-PLAN (7526), Eastside Women's Health Clinic at (360) 943-5127, and Yelm Wellness Center at (360) 458-5438. For more information about *Take Charge* see <http://fortress.wa.gov/dshs/maa/FamilyPlan/Take%20Charge/TC.index.htm> or call 1-800-562-3022. Plan B is available over the counter for individuals 18 and older and available by prescription for women under 18. If you need a prescription for insurance coverage, please ask your provider. To find out more about Plan B, go to <http://ec.princeton.edu/>.

**Sexually Transmitted Infections/HIV** If you receive medical care from a primary care provider, you may ask for STD/HIV screening as part of your routine care. You may qualify for other state health care programs, call or visit your local community service office to find out. If you need assistance locating your community service office call the toll free hotline at 1-800-770-4334.

Anonymous HIV testing and counseling is available at UCAN. For more information, call (360) 352-2375.

**General Health/Women's Health** You may qualify for a free women's health exam, including mammogram if you: Are age 40 to 64, are on a limited income, have no or limited insurance. For more information on the Washington Breast & Cervical Health Program, call 1-800-992-1817. For other languages, toll free 1-888-202-3301.

CHOICE Regional Health Network provides help with enrollment in affordable health insurance for low income individuals and families. They also assist with Breast & Cervical Health Program enrollments. For more information about CHOICE services, call (360) 493-4550 or 1-800-981-2123. For Spanish line, call 1-888-493-8397.

As other resources in the community become available to provide Family Planning, STD/HIV services, we will inform the public. Please check back at (360) 786-5606, or visit our web site at: <http://www.co.thurston.wa.us/health/personalhealth/clinics/familyplanning.html> to get updated information.

If you want a copy of your records, please come to the clinic to sign a records release with photo ID. If you are transferring care to another provider, outside clinics may request records. It has been a privilege to work with you.

Sincerely,  
The Family Planning & STD clinic staff

To request this letter in an alternative format, please call (360) 867-2500.