



Send em' Packing!

Keep germs from Attacking

3 Common Ways Germs are Spread

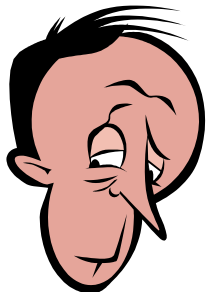
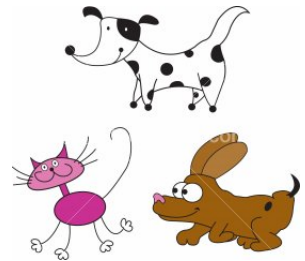


Hands to food:

Germs are spread from unclean hands to food. The germs are then eaten by others and people and this can make them sick.

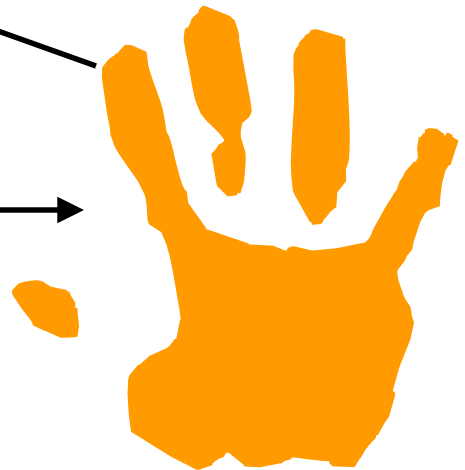
Animals to people:

Wash your hands after petting animals or touching surfaces they come into contact with.



Nose, mouth, eyes and hands:

Germs are spread from your hands to nose, mouth, and eyes. They can also be spread from the nose, mouth and eyes to your hands.



Public Health and Social Services
412 Lilly Rd. NE
Olympia, WA 98506-5132
(360) 867-2500
FAX (360) 867-2601
TDD (800) 658-6384
<http://www.co.thurston.wa.us/health>