

PLEASE

**visit another time
if you are ill**

***Wash hands upon
entering. Bathroom
sinks or hand
sanitizers are located
in the main lobby.***

**Cover coughs or sneezes
with a tissue or sleeve.**

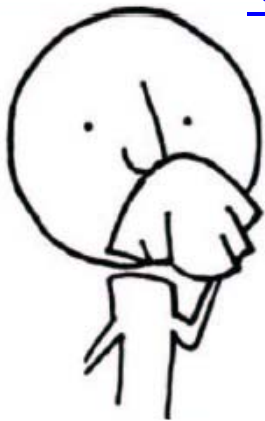
***POR FAVOR
SI ESTÁ ENFERMO
VISÍTENOS EN
OTRA OCASIÓN***

***Lave sus manos al entrar. Los
lavabos de los baños o
desinfectantes para manos
están localizados en la sala
principal.***

***Cubra sus estornudos o su tos
con un pañuelo o su manga.***

Keep Germs to Yourself!

Cover Your Cough



Cover your mouth
and nose with a
tissue when you cough
or sneeze

or



Cough or sneeze
into your upper
sleeve - not your hands.

Put your used tissue
in the waste basket.



Clean Your Hands



Wash vigorously with
soap and water or
Use an alcohol-based
hand cleaner.



Stop the spread of germs that make you and others sick!

COMMUNICABLE DISEASE CONTROL PROGRAM: 360-754-3352
24 HOUR RECORDED LINE: 360-786-5470
THURSTON COUNTY PUBLIC HEALTH & SOCIAL SERVICES DEPARTMENT
412 LILLY RD NE, OLYMPIA, WA 98506

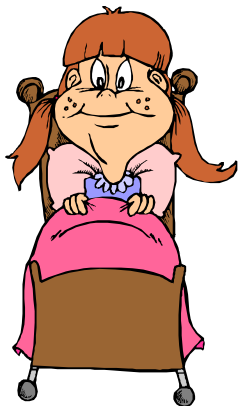
Keep Germs to Yourself!



Cover your cough or sneezes with a tissue or your sleeve. Don't forget to throw away the tissue!



Wash your hands often - for roughly the time it takes to sing "Happy Birthday."



Stay home if you are ill - Keep your child home from school or day care if he or she has a fever or is otherwise ill.

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