Thurston Thrives Strategies - in brief - August 2014:

All nine Action Teams have developed preliminary strategies to advance our community’s health. These teams continue to refine strategies, develop measures & coordinate action as the initiative moves to its second phase.

Food
- Better connect local farms with food vendors, build gardens and teach about healthy eating, ensure restaurant food safety, and give nutritious food to those who can’t afford it, so that everyone has enough safe, nourishing food.

  Key Measure(s): % of residents at healthy weight, % families with regular access to healthy food, & incidence of food-borne illness

Economy
- Better connect employers, employees and entrepreneurs, and help new employers and workers build their skills to reduce poverty.

  Key Measure(s): % of all jobs that are living wage; number of people living in poverty

Housing
- A partnership of public, private and non-profit sectors revitalizes housing, revises fee, regulation and tax structures for easier construction of lower cost, high-quality housing, educates homeowners and renters about housing responsibilities for better maintenance of existing stock, and rapidly re-houses & ensures support services for those needing shelter, all so that affordable & safe housing is available for all.

  Key Measure: % low-income residents spending > 50% of household income on housing

Community Design
- Make more places like trails available near where people live and work so they can easily be active.

  Key Measure(s): # of new trail miles; proportion of all housing developed within ½ mile of activity centers

Education
- Better connect kids with the social, health and educational support they need when they need it AND broaden alternative learning choices to increase high school graduation & entry into post-secondary education or job training.

  Key Measure(s): high school completion rate; post-secondary enrollment and workforce outcomes

Child & Youth Resilience
- Prevent and respond to domestic violence, child abuse, substance abuse and mental illness AND help kids and families to bounce back from such adverse experiences and strengthen their social connections.

  Key Measure(s): reduction in % of adults with 3 or more Adverse Childhood Experiences

Environment
- Ensure clean air and stable climate, restore and maintain water quality, reduce waste, prevent spread of disease carried by organisms, and rebound well from emergencies, so that our community's environment contributes to everyone’s health.

  Key Measure(s): in development [possibly % of impervious area or some measure tree cover]

Community Resilience
- Re-connect, support, and engage all residents so as to foster a culture of involvement and innovation, creating diverse actions to improve our community, so we can rebound and take strength from adversity.

  Key Measure(s): in development [possibly % of people with adequate social support]

Clinical Care
- Remember what keeps us healthy, integrate care and both provide, and use, care most wisely for the best outcomes and best value while reducing disparities so that more people live longer, healthier lives.

  Key Measure(s): to be determined

9/12/2014