A Brief Introduction to the Initiative and Strategies

May 12, 2015
Thurston Thrives and Collective Impact

(click here to see introductory video)

Join us!

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Contents: Action Areas of Thurston Thrives

- Child & Youth Resilience
- Clinical Care
- Community Design
- Community Resilience
- Economy
- Education
- Environment
- Food
- Housing
- Public Safety & Justice
Child & Youth Resilience

Actions:

Prevent ACEs (like child abuse & DV); Help kids & families
Rebound from ACEs; Redouble social connections

Vision/Goal:

We live in a community where all children of all cultures are healthy, safe, valued and successful.

Contacts: Commissioner Sandra Romero (lead): 786-5747 Liz Davis romeros@co.thurston.wa.us (support staff)

Key Measure(s): Reduce % of Adults with Adverse Childhood Experiences
Strategy Map: see next slide
Board of Health Presentation, Team Member List, & Other Documents: http://www.co.thurston.wa.us/health/thrives/childandyouth.html
Clinical Care

Actions:
Remember what keeps us healthy; Integrate care and provide & use care most wisely for best outcomes while reducing disparities, so that more people live longer, healthier lives.

Vision/Goal:
More people live longer, healthier lives because they take care of themselves and received right care at right place at the right time.

Contacts: Mark Freedman and Dr. Kevin Haughton (co-leads)
Jennifer Brackeen, CHOICE (support staff): brackeenj@crhn.org

Key Measure(s): in development

Strategy Map: see next slide

Board of Health Presentation, Team Member List, & Other Documents:
http://www.co.thurston.wa.us/health/thrives/clinicalcare.html

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Clinical/Emergency Care Strategy Map

**STRATEGIES - ACTIONS**
- Educate consumers on the appropriate health care settings for routine, urgent and emergency care
- Improve health literacy to promote healthier lifestyles, including practice of preventative care
- Promote health education about diet, active living and well-being in schools (K-12), educating and influencing people to make better health choices
- Promote targeted, professional and public interventions to address deficiencies in current access to preventive and other health services, focusing on smoking cessation, adult obesity, STD infection rates, diabetic screening and mammography screening
- Expand access to and participation in self-management programs*
- Promote availability of ease of access tools for clinical providers which improves data sharing among a variety of health care settings
- Increase communications related to emergency response expectations among providers and public health (e.g. multi-casualty; pandemic outbreaks, etc.)
- Increase collaboration related to communicable disease control between providers and public health, including immunizations and early notification of reportable conditions
- Improve the provider network for outpatient, crisis and peer support of behavioral health sciences to ensure a greater diversity of contractors who can deliver an integrated, evidence-based model** and community oriented services to divert and transition patients from ED's, jails, and homelessness
- Create a secure assessment facility for mentally ill persons who are interacting with law enforcement
- Succession Planning: Identify number of retiring providers; Estimate need per population growth; Recruit, train and replace needed numbers of providers
- Support strategies to sustain access to free or reduced cost basic health services from safety net providers for the uninsured or underserved individuals
- Increase payment rates for primary care and behavioral health care with the county/state. **Includes behavioral health parity in all Health Plans
- Expand opportunities to enroll eligible individuals using Washington Health Benefit Exchange (WAHBE) Program
- Encourage transition to value based reimbursement models
- Decrease utilization of jails as our primary mental health treatment center
- Improve access to mental health services for all, but especially for low and moderate income persons
- Provide on-site services to shelters, permanent support and transitional housing sites including SNPs, Adult Family Homes, etc.

**OBJECTIVES**
- Educate and influence people to make better health choices
- Increase use of proven evidence based treatments and services; Increase public health’s awareness and self-care
- Promote appropriate resource utilization

**GOALS**
- Integration of care: medical, behavioral and public health
  - Learn to live a healthy life and take care of yourself
  - Increase access to appropriate medical, behavioral and public health
  - Reduce disparities in health outcomes among the various demographic groups of county residents
  - Maximize value of health care spending

**VISION**
More people live longer, healthier lives because they take care of themselves and received right care at the right place at the right time
Community Design

Actions:

Revamp paths & trails; Reimagine community places as walkable & bike-able for shopping, work and play

Vision/Goal:

People are physically active in our daily lives.

Contact: Chris Hawkins (lead), Thurston County Public Health & Social Services 867-2513 hawkinc@co.thurston.wa.us

Key Measure(s): # of multi-use trail miles; Proportion of new housing development built within ½ mile of an activity center

Strategy Map: see next slide

Board of Health Presentation, Team Member List, & Other Documents: http://www.co.thurston.wa.us/health/thrives/communitydesign.html

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Community Design Strategy Map

**OBJECTIVES**

- Increase housing density near commercial services and other destinations
  - Measure: Market trends for housing in walkable environments, e.g., near transit, trails, etc.
- Increase mix of uses near housing
  - Measure: Walk Score or similar way to capture local diversity of destinations
- Affordability is increased by proximity of services, etc.

**GOALS**

- Improve Places
  - Measure: Proportion of new development occurring in location-efficient settings (see key measure to the right)

**STRATEGIES - ACTIONS**

- Plan for more active corridors and districts
- Carry Out Urban Corridors Strategy & Sust. Thurston
  - Capitol Boulevard
  - Brewery District
  - Woodland District

- Increase availability of neighborhoods parks and other supports
  - Local matching grants

- Improve street design
  - Build ‘complete streets’

- Increase extent of trails and pathways

- Sustain Safe Routes to School (SRTS) programs
  - Continue county-wide efforts

- Promote use (Education & Encouragement)

- Align development codes

**VISION**

People are physically active in our daily lives

**Key Measures:**

- Community Indicators
- "# of multi-use trail miles"
- Proportion of new development that is built within ½ mile of an activity center

**Align Codes with Healthy Development Plans**

- Integrates public health and development planning
  - Measure: TBD

**Create safe, convenient and abundant opportunities for physical activity**

- Residents have support for using active transportation
  - Being active is a community norm
  - Measure: TBO

- Use of trails and other walkable places increases
  - Measure: Healthy Youth Survey physical activity data

- Proportion of new development meeting walkable design guidelines
- TBO - Proportion of students within a walkable distance who walk to school/SRTS Travel Tallies; Commute Trip Reduction mode splits; Vehicle Miles Traveled

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Community Resilience

Actions:

Re-connect, support, and engage all residents so as to foster a culture of involvement and innovation, creating diverse action to improve community; **Rebound & take strength from adversity**.

Vision/Goal:

We are a connected, trusting, and welcoming community that generates innovative, effective actions to build a healthy, thriving community.

Contacts: Danny Kadden and Paul Knox (co-leads)
thurstonthrives@co.thurston.wa.us

Key Measure(s): in development

Strategy Map: see [next slide](#)

Board of Health Presentation, Team Member List, & Other Documents:
[http://www.co.thurston.wa.us/health/thrives/communityresilience.html](http://www.co.thurston.wa.us/health/thrives/communityresilience.html)

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Community Resilience Strategy Map

"We all do better when we all do better."

**STRATEGIES - ACTIONS**

- Create supports to connect & encourage exchanges among groups, neighborhoods & networks: engage other Thurston Thrives action teams, promote community celebrations, increase social media/internet access, schools for community activities, etc.
- Better engage with & support rural & special needs communities: connect people with developmental disabilities, develop small community grant opportunities.
- Connect community members & neighborhoods with resources & existing services: community symposium on 2-1-1, route 9-1-1 callers to appropriate services, create all-county group events calendar, Time Bank and service provider summit, etc.
- Coordinate, incentivize & market county-wide volunteer opportunities: establish incentive program, encourage workplace volunteer campaigns and recognition, etc.
- Improve volunteer management & attraction skills: build Volunteer Match program, Volunteer Manager monthly trainings, encourage and recognize donation drives and volunteerism, etc.
- Promote & celebrate pro-social activities
- Educate the community about decision-making & civic empowerment (target youth):
- Incentivize civic engagement in local decision-making: promote and support groups that work on civic engagement, such as 2020 Vision Olympia
- Foster participatory & other innovative governance:
- Encourage & support leadership & participation training: convene Social Labs; engage entire community in Thurston Thrives; develop compassion, leadership, and board development training programs.
- Better describe community conditions & what is being done about them: unified county-wide education & messaging about Thurston Thrives; map/highlight diversity of groups serving community
- Rapid prototyping of new ideas or innovations: support Social Labs-type projects such as GRuB and Compassionate Schools
- Create conditions & opportunities for collaborative decision-making

**OBJECTIVES**

- People can easily access available community resources (formal and informal) & get the support they need to connect or stay connected
- Community / civic organizations collaborate to deliver services
- High level of volunteerism - in non-profits, clubs and community activity
- High level of involvement in diverse pro-social activities - e.g. clubs, arts & music, etc.
- High level of engagement and influence in local decision-making
- High level of leadership capacity - traditional and non-traditional leaders have the tools, training, and opportunities they need to engage others to address challenges collaboratively
- Culture of continual learning, experimentation and innovation

**GOALS**

- So that
- All people are connected, supported and included
- Community / civic organizations collaborate to deliver services
- High level of volunteerism - in non-profits, clubs and community activity
- High level of involvement in diverse pro-social activities - e.g. clubs, arts & music, etc.
- High level of engagement and influence in local decision-making
- High level of leadership capacity - traditional and non-traditional leaders have the tools, training, and opportunities they need to engage others to address challenges collaboratively
- Culture of continual learning, experimentation and innovation

**VISION**

Values:
- Inclusive
- Collaborative
- Trusting & trustworthy
- Proactive
- Innovative and creative
- Everyone is a leader

We are a connected, trusting, and welcoming community that generates innovative, effective actions to build a healthy, thriving community.
Economy

Actions:
Revitalize connections to employers, employees & entrepreneurs; Help new employers and workers build skills

Vision/Goal:
People are economically secure; Poverty is rare.

Contact: Michael Cade, Christina Daniels, Lisa Smith (co-leads)
thurstonthrives@co.thurston.wa.us

Key Measure(s): # of living wage jobs; Distribution of household income; Poverty rates

Strategy Map: see next slide

Board of Health Presentation, Team Member List, & Other Documents:
http://www.co.thurston.wa.us/health/thrives/economy.html

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Economy Strategy Map

STRATEGIES - ACTIONS

Provide assistance to existing and emerging employers.
- Recruit employers that create jobs
- Expand micro lending options
- Create an entrepreneur center

Create and expand networks
- Establish a single point of entry for families/employees in need of assistance
- Connect employers with networks to recruit & support employees

Provide assistance to existing and emerging employees
- Increase awareness of job & career opportunities
- Increase participation in skill building opportunities
- Expand work & training programs
- Expand learning opportunities for "soft skills"

OBJECTIVES

Employers expand their market reach
- Measure: gross regional product and total exports

Robust commercial industry clusters are created
- Measure: total taxable sales

Employees, employers, and entrepreneurs are linked to each other and the resources they need
- Measure: # and diversity of networks
- Measure: presence of hub/portal to connect to networks

Opportunities are expanded for everyone to build social and economic assets
- Measure: household income and housing affordability
- Measure: Access to employment resources are improved (esp. for under skilled job seekers including the long-term unemployed)

GOALS

More transformational jobs are created
- So that
- The number of people who are underemployed is reduced
- So that
- The number of people who are "long-term unemployed" is reduced
- So that
- Inter-generational poverty is reduced

Everyone builds social and economic wealth
- So that
- Everyone has the capacity to get a job and advance their career
- Measure: % of people with bank account
- Measure: % of home ownership

VISION

People are economically secure; Poverty is rare
- Measure: # of living wage jobs; distribution of household income, poverty rates (for various populations)
Actions:

Better connect kids with timely supports; Broaden engaged learning options to increase HS graduation & post-secondary success

Vision/Goal:

Every child completes high school, earns a post-secondary credential, and has skills to find living wage employment.

Contact: Mike Hickman, 464-6710
mhickman@esd113.org

Key Measure(s): High school completion rate; Post-secondary enrollment / matriculation; Workforce outcomes

Strategy Map: see next slide

Board of Health Presentation, Team Member List, & Other Documents:
http://www.co.thurston.wa.us/health/thrives/education.html
**Education Strategy Map**

**STRATEGIES - ACTIONS**
- Integrate Student Support Systems
- Engage Community as Partners with Schools
- Implement Practices that Engage Students

**OBJECTIVES**
- Students get support they need to succeed
- The capacity of schools is increased
- Students want to come to school

**GOALS**
- Supported students overcome barriers & meet state academic standards
- Students have strong interpersonal & career skills
- Students are highly engaged

**VISION**
- Every child completes high school, earns a post-secondary credential, and has skills to find living wage employment

**Measures**
- # and % of students served; #, % and types of support provided; # and % of students in early intervention; # and % of students in intensive intervention
- Measures: 4th grade reading, 8th grade math, 9th grade early warning system indicators, Healthy Youth Survey risk factors, attachment to a caring adult
- Measure: % CTE program completers
- Measures: # and % of students: passing courses; participating in school/community activities; student engagement survey indicators; #, % and type of disciplinary sanctions; % of eligible youth who sign up for College Bound Scholarship

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Environment

Actions:

Ensure clean air and stable climate; Restore and maintain water quality; Reduce waste; Prevent spread of disease carried by organisms; and Rebound well from emergencies.

Vision/Goal:

The environment of our community contributes to everyone’s health.

Contact: Art Starry (lead), Thurston County Public Heath & Social Services

starrya@co.thurston.wa.us

Key Measure(s): % of clean air days; Meeting water quality standards for drinking water; # of restored surface waters & % stds. compliance; % impervious area or forest cover

Strategy Map: see next slide

Board of Health Presentation, Team Member List, & Other Documents: http://www.co.thurston.wa.us/health/thrives/environment.html

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Food

Actions:
Reclaim more food; Remind about healthy eating; Better connect farms & places people eat; assure safety; Build more gardens

Vision/Goal:
People eat healthfully.

Contact: Katie Rains (lead), Garden Raised Bounty
Lesley Wigen (support staff): wigenl@co.thurston.wa.us

Key Measure(s): # of families with regular access to healthy food; Childhood and adult healthy weight rates
Strategy Map: see next slide
Board of Health Presentation, Team Member List, & Other Documents: http://www.co.thurston.wa.us/health/thrives/food.html
Housing

Actions:
Reduce entry costs; teach about home ownership; Rapidly re-house the homeless; Increase permanent supportive housing

Vision/Goal:
Affordable, adequate and safe housing for all, achieved through collaborative efforts of the public, private and non-profit sectors.

Contact: Commissioner Bud Blake (lead)
Gary Aden (support staff): adeng@co.thurston.wa.us

Key Measure(s): % of low-income residents (80% or below annual median income) who are spending more than 30% of income on housing

Strategy Map: see next slide
Board of Health Presentation, Team Member List, & Other Documents:
http://www.co.thurston.wa.us/health/thrives/housing.html

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Public Safety & Justice

Actions:

Prevent entry into criminal justice system; Balance rehabilitation with safety and cost-effectiveness; and Reduce return of offenders to the law and justice system.

Vision/Goal:

People are safe where they live, work and play in Thurston County. People are held accountable for criminal conduct. Legal rights and due process for all people are respected and honored.

Contact: Daryl Rodrigues, Jon Tunheim (co-leads) Bob Bartusch (support staff): bartusr@co.thurston.wa.us

Key Measure(s): in development
Strategy Map: see next slide

Board of Health Presentation, Team Member List, & Other Documents:
http://www.co.thurston.wa.us/health/thrives/publicsafetyandjustice.html

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Public Safety and Justice – Strategy Map

We Value Collaboration, Prevention, Access, Fairness, Timeliness, Responsiveness, Professionalism, Creativity, Innovation, and Integration

STRATEGIES

PRE-ARREST PREVENTION, TREATMENT, INTERVENTION OPTIONS
- Permanent supportive housing
- Mental health support services
- Substance abuse treatment
- Community policing

POST-ARREST DIVERSION OPTIONS
- Diversion services
- Mental health care
- Problem-solving courts
- Transitional housing
- Pre-trial supervision
- Work release
- Electronic Home Monitoring

SYSTEM AND DUE PROCESS IMPROVEMENTS
- Differential case management system
- Prompt information

SYSTEM INTERCONNECTEDNESS
- Referral network of offender services
- Regional corrections services
- School programs

RELEASE/EXIT STRATEGIES
- Work release
- Electronic home monitoring
- Probation
- HTV housing pilot
- Holistic defense
- Employment skills training
- Intensive case management
- Reentry program
- Exit survey
- Peer counseling/volunteer opportunities

OBJECTIVES

ACKNOWLEDGE AND SUPPORT COMPREHENSIVE MENTAL ILLNESS AND SUBSTANCE ABUSE TREATMENT, RECOVERY, MEDICAL AND HOUSING SUPPORT.

INCREASE POSITIVE AND RESPONSIBLE LAW ENFORCEMENT IN COMMUNITIES.

DIRECT TO MORE COLLABORATIVE MODELS OF JUSTICE WHEN DEEMED MORE APPROPRIATE THAN THE TRADITIONAL ADVERSARIAL SYSTEM.

MAINTAIN LOW RISK OFFENDERS IN THE COMMUNITY CLOSER TO THEIR SUPPORT SYSTEMS AND TREATMENT PROVIDERS RATHER THAN INCARCERATION.

GATHER CLEAR, CONSISTENT AND RAPID ASSESSMENT OF RISK AND NEEDS INFORMATION SO THAT CASES CAN BE MOVED THROUGH THE SYSTEM QUICKLY.

CLARIFY DATA DEFINITIONS AND IMPROVE SHARED INFORMATION SYSTEMS AND CAPABILITY TO ANALYZE, ASSESS AND MANAGE CASES AND RESOURCES.

INTEGRATE SOCIAL AND EDUCATION SYSTEMS WITH LAW AND JUSTICE SYSTEM.

LEVEL BASE AND JUSTICE RESOURCES EXPANDED THROUGHOUT THE COUNTY.

ACKNOWLEDGE AND SUPPORT PROGRAMS FOCUSED ON REDUCING DOMESTIC VIOLENCE/Sexual Assault, Preventing Abuse and Neglect of Vulnerable Populations; and Intervening or Preventing Youth Involvement in Gangs.

INCREASE EVIDENCE BASED PRACTICES IN LAW ENFORCEMENT.

DECREASE INCARCERATION OF NON-VIOLENT AND MENTALLY ILL OFFENDERS WHERE APPROPRIATE SO THAT INCARCERATION IS PRIMARILY USED TO PROTECT COMMUNITY FROM HIGHEST RISK OFFENDERS.

REDUCE PRE-TRIAL TIME IN JAIL.

REDUCE COURT DELAYS AND CONTINUANCES.

PROVIDE DECISION MAKERS WITH ALTERNATIVES TO INCARCERATION AT EVERY POINT IN THE SYSTEM.

LEVERAGE LAW AND JUSTICE RESOURCES EXPANDED THROUGHOUT THE COUNTY.

GOALS

PREVENT ENTRY INTO, OR DEEPER INVOLVEMENT WITH, THE CRIMINAL JUSTICE SYSTEM.

STRIKE THE RIGHT BALANCE BETWEEN COMMUNITY SAFETY, DEFENDER REHABILITATION, ACCOUNTABILITY AND COST EFFECTIVENESS.

REDUCE THE NUMBER OF OFFENDERS WHO RETURN TO THE LAW AND JUSTICE SYSTEM.

VISION

People are safe where they live, work and play in Thurston County; and

People are held accountable for criminal conduct; and

Legal rights and due process for all people are respected and honored.

Key Measure Options:
- Crimes per capita
- Safety perception measure?
- Investment in urban centers?

Target: What is baseline?

Potential Key Measures:
- Inmates with mental health and substance abuse diagnoses
- Incarceration rates
- Time in jail before assignment and disposition
- Total costs savings

Key Measure Options: (TBD)
- Redispense ratios (need to define)
- What is baseline?

Potential Key Measures:
- Cost savings
- High-risk ratios
- Time in jail before assignment and disposition

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Engage

Join an Action Team

Help with an action

www.thurstonthrives.org