

To access Work Life Resources on our EAP web site:

Go to <http://www.fchn.com/eap/>, allow pop-ups for this site and click on the Work Life Resources button near the bottom of the page.

In the log-in window, enter the username, “**firstchoice**” and the password, “**health2005**”. Click “Submit” to continue. The home page contains a list of available resources.

After following the above instructions, if you are unable to access Work Life Resources, please contact Human Resources for assistance.