



Trail Day Walk



Saturday, May 9

Chehalis-Western Trail, Chambers Lake Trailhead

14th Avenue, Lacey



Start Time: 8:00 a.m. ~ 12:00 p.m.
Distance: 10K (6.2 mi), 5K (3.1 mi)



FREE!

Join the fun at the first annual Trail Day Walk. Volkssporting (sport of people) is an adventure in health, recreation, fellowship, and fun consisting of non-competitive events such as walking. This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). The sponsors are not liable for accidents, thefts, and or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event. Strollers and wheelchairs welcome.



 *Eligible for credit toward
IVV Achievement Awards*

Directions to Chamber Lake Trailhead:

I-5 NORTHBOUND: Exit #108. RIGHT on College St SE. RIGHT on 14th Ave SE. Chambers Lake Trailhead is on left side of the road.
I-5 SOUTHBOUND: Exit #109. RIGHT on Martin Way. LEFT on College St SE. Proceed as above. Park in Chambers Lake Trailhead parking lot or in lot just beyond Trailhead entrance.

Sanction Number: 83220

Sponsors: Thurston County Parks and Recreation, Capitol Volkssport Club

Friendship Walk: 10:00 a.m.

Finish Time: 4:00 p.m.

Award: Credit only is \$3.00. Free participants are welcome but all must register, carry, and return a start card.

Pre-registration: None

Trail: Trail rating (1). This trail is a converted rail bed that is an integral part of the Thurston County Parks Trail system.

Miscellaneous: Restrooms at start/finish only. Water at start/finish and checkpoint. **Pets permitted but NOT in building(s). Owners are responsible for leash and clean up laws.**

Challenges: ESVA: THURSTON County/All Clubs

AVA: Railroad Heritage

For more information call Thurston County Parks and Recreation, 360-786-5595 or visit www.thurston-parks.org

