



Thurston County Sheriff's Office

"Creating a Safer Community Together."

Volume 2, Issue 7

QUARTERLY NEWS

October 30, 2009



Sheriff Dan Kimball

Recently on a national television news broadcast it was mentioned that approximately 63% of law enforcement agencies across the country are shrinking in size due to the budgetary reductions. Of course it goes without saying that this in con-

cerning to all of us – both law enforcement officials as well as citizens.

It is because of this unfortunate fact that I wanted to take a moment and ask each of us to stay focused on what we can control, and that is in the area of prevention. Probably the most important area of prevention is keeping our young people safe and focused on productive goals that will hopefully lead to happy lives. Were you aware that there are over 30,000 people incarcerated in our adult prisons in the state of Washington alone? It is estimated to cost over \$31,000 a year to house an individual in our state's prison system. Can you imagine the amount of

higher education we could provide our young people with that kind of money?

If we are serious about prevention, we must focus on such things as supporting early learning, especially for at-risk children. Statistics show that at-risk children left out of quality early learning programs are five times more likely to become criminals by the age of 27 than those children who participate in such programs. It is also estimated that every one dollar invested in quality early learning programs returns a \$17 dollar investment.

All children of differing ages can benefit from mentoring and quality before and after school programs. There are numerous

such programs in our community and they are in constant need of our financial assistance as well as of our volunteer time. I encourage you to do both if at all possible. These efforts pay significant dividends for all of us in the long run. Your willingness to help can literally assist in changing a young person's life for the better.

Here at the Sheriff's Office we remain committed to doing whatever we can to keep our young people on the right track. With shrinking revenue streams it is even more imperative to not forget the old adage of "An ounce of prevention is worth a pound of cure." Please continue to join your sheriff's office in these efforts!

McLane School Forest

By: Chief Dave Pearsall



On a bright, sunny October morning children from the McLane Elementary school walked to the McLane Fire Department to plant thousands of daffodil bulbs in front of the fire station and along Evergreen Parkway. This was part of a continuing cooperative project between the McLane School students and community members.

For many years volunteers have assisted the school children in the planting of daffodil bulbs and many species of both deciduous and conifer trees along the McLane trail. The paved trail stretches from the McLane School, north to the Evergreen State College. Teachers often conduct class along the trail or ponds at the forest.

I have been fortunate to have been involved as a committee member of the McLane School Forest for

many years. It has been great to watch the forest and children grow over the years. The trail makes for a great place to walk, bike, or watch some wildlife in their habitat. Watch for the thousands of daffodils to line the trail and McLane Fire Station next Spring!



Employees Making a Difference: Relay For Life

By: Vickie Wilson

Relay for Life is the American Cancer Society's signature activity. It offers everyone in the community an opportunity to participate in the fight against cancer. Teams of people camp out at a local high school, park or fairground and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times during the event. Relays are held for 24 hours in length.

Everyone's reason to Relay is as unique as their own personal story. At Relay, you can find healing, comfort, and support from others who have faced cancer or who have lost a loved one to the disease. You meet people in the community who are equally passionate about finding an end to cancer in our lifetime. You can thank people who have supported you through your own personal cancer experience by gathering friends, family, and colleagues together to laugh, cry, and create lasting memories.

No matter why you take part in Relay, however, one thing is clear: it is ex-

tremely motivating, and with every step you take, you are helping the American Cancer Society find a cure and save lives.

ACS Relay for Life began in Tacoma in the mid-1980s. Dr. Gordy Klatt, a Tacoma surgeon, wanted to enhance the income of his local American Cancer Society office to show support for all of his patients who had battled cancer. He decided to personally raise money for the fight by doing something he enjoyed running marathons.

In May 1985 Dr. Klatt spent a grueling 24 hours circling the track at Baker Stadium at the University of Puget Sound in Tacoma. He ran for more than 83 miles. That first year nearly 300 of Dr. Klatt's friends, family, and patients watched as he ran and walked the course. Throughout the night friends donated \$25 to run or walk with Dr Klatt for 30 minutes. His efforts raised \$27,000.

In 1986, with the help of Pat Flynn (known as the Mother of Relay), 19 teams

took part in the first team Relay event on the track at the historic Stadium Bowl and raised \$33,000.

On June 26 – 27, 2009, the 25th year celebration for Relay for Life event took place at Black Hills High School. There were over 60 teams participating in this event which raised over \$285,000!!!

Corrections staff Todd Thoma and Vickie Wilson participated in this year's Relay for Life event at Black Hills. They are part of a team called Defying Gravity which was formed several years ago because of personal losses due to cancer. Both of them walked the entire 24 hours of this event!!! And although every muscle in their bodies paid for it, they say they will definitely do it again.

Their team consists of a very small group of close friends and co-workers, but they encourage others who are interested to join their team for this worthwhile cause. The experience is truly motivating and well worth it, they both say.

The Loopholes team consists of teammates from law enforcement, law firms and the court system and was started in 1999. Their teammates are from Thurston, Yelm and Tumwater. Gayle and Steve Lieberman are their team captains. Their team consists of approximately 35 members. Gayle is a cancer survivor, so this event is near and dear to their hearts, and so they say "There is no finish line until we find a cure for cancer".

Their team also has a group of approximately 10-15 children that participate in the event. They help with luminaries and the quarter lap (which means attempting to wrap the entire track with quarters provided by participants in the eventJ). Gayle and Steve's 13-year-old granddaughter is the chairman of the Luminary Committee.

If you would like to learn more about Relay, please check out more information at www.relayforlife.org or contact either one of these teams at 786-5740 (Vickie/Todd) or 786-5450 x 6628 (Gayle) to help answer questions or join

Employees Making a Difference: 2nd Annual Charity Ride

By: Detective Steve Hamilton

On August 15, 2009, the Thurston County Deputy Sheriff's Association hosted its second annual charity motorcycle ride. This year's event chose the Justin Norton Scholarship fund as the benefactor.

Justin Norton was a young man who attended Rainier High School and later joined the Army. Justin was killed in Iraq during his time of service. A scholarship fund was established, which is supervised by the Yelm Chamber of Commerce. This charity provides scholarships to high school seniors from the Yelm, Rainier, and Tenino high schools.

This year's event was a scenic ride around the east side of Mt. Rainier. The event kicked off at Rainier High School at 9:00 a.m. The riders drew their first poker run card and then hit the road. There were three field checkpoints which included the towns of Greenwater, Packwood, and Elbe. At each checkpoint riders congregated and drew more poker cards. The last checkpoint was the Rainier High School where riders threw a dart at a huge board of cards. The poker hand that was collected during the ride put the riders in competition for prizes.

Local businesses and motorcycle dealerships donated many prizes for this event. Over 160 riders, 60 passengers and 25 volunteers enjoyed a home cooked barbeque when the ride was over. After the feast the participants enjoyed an awards ceremony in which prizes were given away.

This year's event raised \$5,000 for the Justin Norton Scholarship Fund. The Thurston County Deputy Sheriffs Association is proud to sponsor this great local event. We hope to continue this tradition and support local Thurston County charities.



Third Quarter Awards Ceremony

Citizen Commendation

Awarded to any citizen who performs an act that jeopardizes their own safety while assisting the Sheriff's Office in the performance of a hazardous task, or performs an act of exemplary service in support of the Sheriff's Office goals and objectives, or performs an act that jeopardizes their own safety while attempting to save the life of another person.

The recipient of this Award is:

Rodney B. Cobb, The Lock Doctor.

On June 6, 2009, a one-and-a-half year old boy had locked himself in the family car and his parents were unable to get him out. They contacted the Sheriff's Office for assistance and Sgt. Brady responded. He, too, was unable to unlock the vehicle but knew the Lock Doctor

had provided this service on numerous occasions, so he contacted him. Lock Doctor Rodney B.



Cobb came from the Lacey area to the location in Tenino and freed the boy within a matter of minutes. He advised the parents that he doesn't charge for freeing children and quietly went on his way.

By his compassionate and generous act, Mr. Cobb demonstrated how citizens can help law enforcement create a safer community together.

Lifesaving Award

Awarded to office members who take specific action(s) at the scene of an event resulting in the saving of a human life.

The recipients are: Deputy Ruben Mancillas and Corrections Deputy Matt Webberding.

On April 20, 2009, Deputy Ruben Mancillas responded to a residence on 140th Ave. SW to a report of a 63-year-old male who was unconscious and not breathing.

The caller believed the male was having a heart attack and frantically

asked what she could do to help. Deputy Mancillas was close by and arrived six minutes later. Upon his arrival, he observed an elderly male, later identified as Michael Hays, who was not breathing and his lips were turning blue. Deputy Mancillas immediately started CPR and continued until the male started coughing and breathing on his own. Medics arrived shortly afterwards and transported him to the hospital.

It was later learned through Pat, the wife of Michael Hays, that Deputy Mancillas spoke with her after the Medics arrived and comforted and reassured her by explaining what was going on letting her know the Medics would do everything they could to help her husband. Deputy Mancillas stayed with Pat until the Medics left the scene with her husband.

Deputy Mancillas showed true professionalism and compassion in saving the life of Michael Hays and comforting Mrs. Hays. Deputy Mancillas brings credit to himself and to the Thurston County Sheriff's Office with his actions on April 20, 2009.

On February 24, 2009, while Sgt. Matthews was fingerprinting an inmate, the inmate began having trouble breathing and



stated he was feeling dizzy. He was seated in a chair but then stated he needed to lie down. He was assisted to the floor and positioned on his right side. The on-duty nurse was called and responded to the intake area.

Prior to the nurse arriving, the inmate stopped answering questions from the deputies who were assessing him. He was still breathing but began sweating profusely. As the nurse began taking vitals, he stopped breathing.

Sgt Matthews directed staff to call 911 while he ran to get the defibrillator. Corrections Deputies Matt Webberding and Tyler Graham and the nurse stayed with the inmate. The nurse instructed the deputies to position the inmate on his back to open up his airway. This was accomplished but he was still not breathing and his pulse had stopped.

While Deputy Graham began chest compressions, Deputy Webberding gave life saving breaths. After another round of compressions, the inmate began to breath and his pulse returned. The inmate was then placed back onto his side in the recovery position. The nurse continued to monitor the inmate's vitals until the Medics arrived.

The nurse later complimented all the staff who assisted in saving the inmate's life. She commented that she had seldom seen such teamwork and calm demeanor even in a hospital emergency room. Because of this teamwork and specifically the actions of Deputies Webberding and Graham, a life was saved.

Present 25 Years of Service Awards to:

Lieutenant Chris Mealy and Mary Paulson -Gaither

Winter's Coming

When you first hear about a possible storm approaching, you can contact your local Emergency Management Office or the National Weather Service. Try and gather as much information as possible and be prepared. Here are a few helpful tips:

Assemble a disaster supply kit. If you have a generator, make sure you know how to use it. Find the individuals in your area who might need assistance. Know your evacuation routes (you can also check with Emergency Management). If you have an electric garage door opener, locate the manual override. If you lose power, keep the refrigerator and freezer doors closed. Do not use your gas stove for heat, do not burn charcoal indoors, do not use gasoline-powered equipment indoors, do not sleep in a room while using an unvented gas or kerosene heater.

For more information you can contact Emergency Management at www.emd.wa.gov or (360)754-3360, Department of Health at www.doh.wa.gov or (360) 236-4027, and National Weather Service at www.weather.gov.

A Few Holiday Tips

This holiday season do not let the spirit of giving lull you into giving burglars, muggers, and pickpockets a better chance to do their dirty work. Crooks love the holidays as much as everyone else but chiefly because it is an opportune time for crime.

Homes jam-packed with glittering gifts; stores, malls, and downtown streets teeming with unsuspecting shoppers; people rushing around, stressed out and careless, looking for last-minute gifts, trying to get everything done-- it is enough to make a crook giddy with holiday joy!

Here are some tips on how to celebrate safely this holiday season:

If You Are Traveling:

Purchase an automatic timer for your lights.

Ask a neighbor to watch your home.

Do not forget to have mail and newspaper delivery stopped. If it piles up, it is a sure sign you are gone.

If You Are Out For The Evening:

Turn on lights and a radio or TV so it looks like someone is home.

Be extra cautious about locking doors and windows when you leave, even if it is just a few minutes

Do not display gifts where they can be seen from the outside.

If You Are Shopping:

Stay alert and be aware of what is going on around you.

Park in a well-lit space, and be sure to lock the car, close the windows, and hide shopping bags and gifts in the trunk.

Avoid carrying large amounts of cash; pay with a check or credit card whenever possible.

Deter pickpockets and purse-snatchers. Do not overburden yourself with packages. Be extra careful with purses and wallets. Carry a purse close to your body, not dangling by the straps. Put a wallet in an inside coat or front pants pocket.

Shopping with children? Teach them to go to a store clerk or security guard if you get separated.

If a stranger comes to the door - Beware!

Criminals sometimes pose as couriers delivering gifts. And, it is not uncommon for people to try to take advantage of others' generosity during the holidays by going door-to-door for charitable donations when there is no charity involved. Ask for identification, and find out how the funds will be used. If you are not satisfied, do not give. Help a charitable organization you know and like instead.

Last but not least, do not let holiday stress get the best of your holiday spirit. Make time to get together with family, friends, and neighbors, and think about reaching out in the spirit of the season to help someone who is less fortunate or lonely.

Do your part to make the holidays a safe and happy time for everybody-except criminals!

What is H1N1 Influenza

H1N1 Influenza, also called swine flu, is a new virus. Because of this people do not have immunity. A vaccine has been developed for H1N1 flu, but it is not yet readily available.

H1N1 Influenza is a type of influenza which means it is a respiratory disease that is spread from person to person by coming into contact with the germs when someone who is infected coughs or sneezes. Symptoms include fever, cough, and sore throat. In addition, fatigue, lack of appetite, runny nose, nausea, vomiting, and diarrhea can occur. Fever and cough are key. Influenza is not like the common cold.

The Thurston County Sheriff's Office maintains a continuity of operations plan should staff or inmates be-

come infected by H1N1. This plan includes addressing workforce shortages, providing personal protective equipment (PPE) to those employees who are not sick, and treating sick inmates.

People who are sick should:

- Stay home from work, childcare, school or public gatherings when you are sick with a fever and cough.
- Drink plenty of fluids to prevent dehydration.
- Cough into your sleeve or cover your mouth and nose with a tissue when you cough and sneeze. Dispose of tissues in a covered container and wash your hands.

Call your health care provider if you or a family member is sick enough to need

medical care.

People should continue to take basic universal precautions that can help prevent the spread of any type of influenza, These include:

- Washing your hands often using soap, warm water, and paper towels, and use a commercially available hand sanitizer if soap and water are not available.
- Keeping your hands away from your nose, eyes and mouth.
- Staying away from people who are sick.
- Avoid large crowds.
- Do not share snacks, food, drinks, or cigarettes with others.

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