

EARTHQUAKE GUIDANCE

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What to Expect

- In a really bad earthquake, communication lines may be down, roads impassable, and water, gas and electricity not available for weeks.
- Please know that under these conditions, it can take days, or even weeks for emergency personnel to reach everyone in need.

There are things you can do to stay safe:

1. Prepare for earthquakes in advance –
 - Have a **family plan** in place (text communications; out of area contact; meeting place)
 - Build an **emergency kit** – carry in your vehicle (1-day); keep larger kit at home (10 days) – don't forget your pet's needs
 - **Help each other** – know your neighbors and community resources (you may be on your own for weeks before emergency personnel can reach you)
2. **When the ground begins to shake, “Drop, Cover and Hold On”:** immediately drop to the floor and crawl under a sturdy table or desk. Cover your head and hold on until the shaking stops.
3. **Expect multiple aftershocks to follow.**

For your safety it's important you:

1. **Remain indoors** (provided it is safe to do so), away from windows and heavy objects that can fall on you.
2. **If you are outdoors,** stay away from buildings and power lines.
3. **If you are in your vehicle, pull over** and remain inside there until the ground stops shaking. Then proceed with caution, as roads and bridges may be damaged.
4. **Check for personal injuries, gas leaks, and fires** that may have started.
5. **Only call 9-1-1 for an actual emergency** and avoid making non-urgent calls so communication lines can remain open for those in need of immediate assistance.
6. **Stay informed.** Tune in to local media – TV and radio – for important safety messages. (KGY – 95.3 FM; KXXO - 96.1 FM are the designated EAS stations)