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LEGIONNAIRES' DISEASE UPDATE

July 7, 2015

The Thurston County Health Department is conducting an outbreak investigation connected to the Super 8 Motel located at 112 College St SE in Lacey. Within the past month, three cases of Legionnaires' disease have been confirmed with possible connection to this motel. Legionnaires' disease is a serious, but treatable form of pneumonia caused by a bacteria.

The Thurston County Health Department recommends that guests, staff and contractors of the Super 8 Motel monitor their health for symptoms of the disease for 10 days after last being physically present in the motel. Individuals who are ill should contact their health care provider.

Symptoms of Legionnaires' disease include:

- Fever, tiredness, body aches and headache
- Cough
- Chest pain
- Diarrhea

Seeking treatment early, when ill, can reduce complications from the disease.

People who stayed or worked at the motel are not at risk of spreading Legionnaires' disease to other people. The bacteria are not spread from person to person. People get the disease when they breathe in water mist or vapor that has been contaminated with the bacteria.

People at increased risk for Legionnaires' disease include those over 50 years of age and those with certain medical conditions such as chronic obstructive pulmonary disease (COPD), diabetes, and those with lowered immune systems.

More Information

- Guests, staff and contractors who have recently been at the motel can reach our staff by calling the Nurse Line at 360-867-2672.
- General information is available by calling our recorded Public Information Line 360-709-3080 or visiting our website at www.co.thurston.wa.us/health