

# THURSTON COUNTY HIGH SCHOOL SENIORS

## Sexual Orientation and Mental Health

**LGBQ YOUTH**

**STRAIGHT YOUTH**

**Did you ever feel so sad or hopeless that you stopped doing some usual activities?<sup>1</sup>**

**68%** yes

**40%** yes

**Did you ever seriously consider attempting suicide?<sup>2</sup>**

**41%** yes

**19%** yes

**How often are you bothered by not being able to stop or control worrying?<sup>3</sup>**

**76%** several days or more

**54%** several days or more

LGBQ = Lesbian, Gay, Bisexual, or Questioning  
Data Source: Healthy Youth Survey 2014, 12th Graders

1: In past 12 months, almost every day for 2 weeks in a row  
2: In past 12 months  
3: In past two weeks



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