

COVID-19 UPDATE

Requested Action:

1. Report suspect and positive COVID-19 cases to local public health at 360-786-5470 during regular business hours. After hours contact information follows. Include:
 - Patient name
 - Date of birth
 - Address
 - Phone number
 - Occupation
 - Date seen and date of symptom onset
 - Date tested and test result and date confirmed
 - Physicians name and contact information
 - Reporter's name and telephone number
 - Have you notified the patient of their test results?
 - Have you directed the patient to isolate at home?

RCW 70.02.050 <https://app.leg.wa.gov/RCW/default.aspx?cite=70.02.050> and WAC 246-101-<https://apps.leg.wa.gov/wac/default.aspx?cite=246-101> outline the requirements for reporting information necessary for public health officials to protect the public's health by tracking and investigating communicable diseases and other conditions. Should you need to confirm who we are before releasing information to us, please call us at (360)867-2616.

2. Direct patients to isolate at home until their test results are back.
3. Stress the importance of 6-foot social distancing, hand hygiene and cough etiquette.
4. Provide patients with a copy of the one-page document best describing the patient's situation:
 - What to do if you have confirmed or suspected coronavirus disease (COVID-19)
<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>
 - What to do if you were potentially exposed to someone with confirmed coronavirus disease (COVID-19)
<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed.pdf>
 - What to do if you have symptoms of coronavirus disease 2019 (COVID-19) and have not been around anyone who has been diagnosed with COVID-19
<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDconcerned.pdf>

During our investigation we send patients an official Health Officer isolation notice. Only Public Health can release individuals from a Health Officer isolation notice.

5. Provide your patient with their test results, we do not have access to them. Tell your patient you will report the result to the Health Department and to expect a call from us. Notify us when the patient has been notified of their test results.

Background:

The virus causing coronavirus disease-2019 (COVID-19), emerged in December 2019 and has since spread around the world causing a global pandemic. Eighty percent of cases are reported to be mild, but severe disease and deaths are more common in the elderly (older than 60 years) and in those with underlying health conditions. As of March 30th, there were 5380 confirmed cases and 202 deaths in Washington State with 34 counties reporting cases. Thurston County has 48 confirmed cases reported and no deaths as of March 31st.

Thank you, our public health partners, for the long, long often unappreciated and unacknowledged hours you are tirelessly spending on COVID-19 to lessen its impact on our community. Thank you for all you are doing to flatten the curve. We want you to know "Thank You" isn't nearly enough to express

PUBLIC HEALTH ADVISORY

THURSTON COUNTY PUBLIC HEALTH AND SOCIAL SERVICES DEPARTMENT
 412 LILLY RD NE
 OLYMPIA, WA, 98506-5132
 DISEASE REPORTING: (360)786-5470 INFORMATION: (360) 867-2500
 Diana Yu, MD, MSPH, Acting Health Officer



3/31/20

our gratitude for the services and lifeline you are providing. We recognize the critical role you play in improving health and health care for the public we serve, those with underlying conditions, weakened or compromised immune systems, the many living in poverty, those experiencing homelessness, and others experiencing increased levels of anxiety and uncertainty, at this time. The public is counting on us to help them navigate strained, complex systems. We are committed to flexible and creative approaches, as we work together to figure out how to maneuver this unprecedented situation.

It is a time to **practice compassion; for yourself and for others.** COVID-19 is a pandemic impacting the entire globe. The impacts are not just clinical symptoms; they are isolation, fear, anxiety, disappointment, loss, and grief. We are all in this together and will come out stronger on the other end.

Resources:

CDC health care provider guidance: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/index.html>

CDC Health Care Facility guidance: <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html>

DOH healthcare provider and facility guidance
<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/HealthcareProviders>

Thurston County Public Health <https://www.thurstoncountywa.gov/phss/Pages/coronavirus.aspx>

THANK YOU FOR REPORTING

TO REPORT A NOTIFIABLE CONDITION IN THURSTON COUNTY	
Voice mail for reporting non-immediately reportable conditions (24 hours a day)	Phone: 360-786-5470 Fax: 360-867-2601
Day time immediately reportable conditions – Call detailed information to the 24-hour Notifiable Condition Reporting Line at 360-786-5470. Messages are picked up hourly. If a call back can't wait call 360-867-2500 and ask staff to locate a Communicable Disease staff.	Phone: 360-786-5470
After hours immediately and 24-hour reportable conditions or a public health emergency	Call 1-800-986-9050
No one is available with Thurston County Public Health and condition is immediately notifiable	1-877-539-4344

Communicable Disease Updates are posted online at: <http://bit.ly/CDUpdatePHSS>