



Send em' Packing!

Keep germs from Attacking

Which Soap is Best?

Regular Soap?

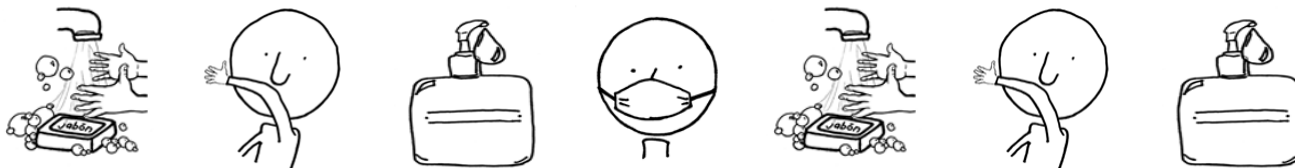
Soap and water is very effective and is necessary if soil is visible on your hands. To really work, hand washing must be done frequently and properly. Washing with plain soap and water will eliminate most bacteria.

Alcohol-based hand sanitizers?

Using hand sanitizers is an excellent method for hand hygiene and can be an alternative to soap and water, particularly when a sink isn't available. Alcohol based sanitizers kill 99.99 percent of the most common germs, they work within seconds and without water. In order to prevent the drying effects of the alcohol, the sanitizers need to contain moisturizers.

Antibacterial Soap?

The American Medical Association and the CDC do not recommend the use of anti-bacterial soaps. Many scientists fear widespread use could lead to a strain of resistant bacteria, or "super bugs". There is no need to use anti-bacterial soaps, which may actually do more harm than good. The antibacterial compounds need to be left on hands for about two minutes in order to have any effect on bacteria.



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