Did you know that on the average faucet handle, there are 229,000 germs per square inch? Hand washing greatly reduces the spread of illness.

How to effectively wash your hands:

• Use warm water and soap.

• Lather and rub hands for 20 seconds keeping fingers pointing down.
  (20 seconds = singing Happy Birthday twice through to yourself.)

• Dry thoroughly with a paper towel or clean cloth.

• Turn off faucet with towel and open door with towel.