

The Nurse -Family Partnership

is a free program for women who are having their first child. This program helps families during pregnancy and for the first 2 years of the child's life. Women in the program receive home visits by a nurse with specialized training . The Nurse-Family Partnership can help you to have a healthy pregnancy, and to care for your baby so that your baby is healthy, happy and safe.

Who can be in this program?

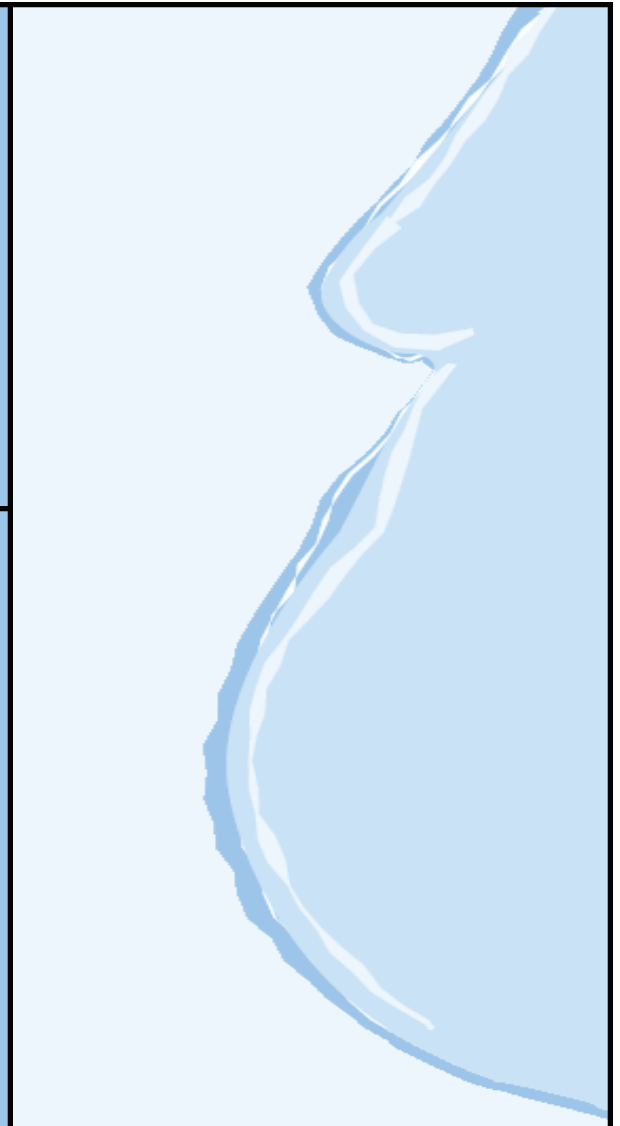
- You are expecting your first baby & you start as early as you can, no later than your 28th week of pregnancy
- You meet the income guidelines
- You want to be in it

When the nurse visits me, what will we do?

That depends on you!

You are in charge of your life and your new baby's life. You might work on goals or talk about things like:

- Your health
- How to be the best mom to your baby
- Accessing services in your area



For more information on the Nurse-Family Partnership call:

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The Nurse-Family Partnership is a project of Thurston County Public Health & Social Services Department
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