



Thurston County Public Health and Social Services
Nurse Family Partnership Program
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THURSTON COUNTY FACT SHEET

NURSE-FAMILY PARTNERSHIP IN OUR COMMUNITY

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

CLIENT DEMOGRAPHICS FOR YEAR 2010			
99	Families were served throughout the year	45%	Of NFP clients are under 18 years of age
63%	White	16%	Multiracial
75.5%	Medicaid recipients	33%	Have a mental health concern

Positive Outcomes For NFP Clients In Our Community

- 98%** of mothers initiated breastfeeding
 - 33% of mothers continued at 6 months
 - 20% of mothers continued at 12 months
- 94%** of mothers experience positive mother-infant interaction
- 55%** of mothers having a reduction in experience of post delivery depression
- 26%** of mothers stopped smoking during pregnancy
- 94%** of babies were up-to-date with immunizations at 12 months
- 44%** of mothers who entered the program without a diploma/GED have since earned their diploma/GED, and another 25% are continuing beyond High School
- 50%** of mothers were employed at program end
- 82%** of mothers have a reduction in experience of domestic violence