About Us

Voluntary Early Prevention

Nurse-Family Partnership (NFP) is an evidence-based nurse home visitation program that improves the health, well-being and self-sufficiency of low-income, first-time parents and their children. The NFP National Office, a non-profit organization located in Denver, Colorado that provides service to communities in implementing and sustaining this cost-effective program. NFP Nurse Home Visitors achieve three important goals:

- Pregnancy outcomes are improved by helping women engage in good preventive health practices, including obtaining thorough prenatal care from their healthcare providers, improving their diet, and reducing their use of cigarettes, alcohol and illegal substances;
- Children’s health and development are improved by helping parents provide responsible and competent care for their children; and
- Families’ economic self-sufficiency is improved by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Research

Proven Success

Nurse-Family Partnership (NFP) is the most rigorously tested program of its kind. Randomized controlled trials of Nurse-Family Partnership were conducted in Elmira, New York (1977); Memphis, Tennessee (1987); and Denver, Colorado (1994). Consistent Program Effects were found in at least two of the three trials:

- Improved prenatal health
- Fewer childhood injuries
- Fewer subsequent pregnancies
- Increased intervals between births
- Increased maternal employment
- Improved school readiness

Positive Program Effects Found in First Trial at Child Age 15:

<table>
<thead>
<tr>
<th>Benefits to Children</th>
<th>Benefits to Mothers</th>
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<tbody>
<tr>
<td>• 48% reduction in child abuse and neglect</td>
<td>• 61% fewer arrests</td>
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<tr>
<td>• 59% reduction in arrests</td>
<td>• 72% fewer convictions</td>
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<tr>
<td>• 90% reduction in adjudications as PINS (person in need of supervision) for incorrigible behavior</td>
<td>• 98% fewer days in jail</td>
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A Prevention Program that Works!
Nurse-Family Partnership more than pays for itself, given the multitude of outcomes the program affects. Net reductions in public costs begin to accrue by the time the children are four years old. There is evidence that the economic returns/benefits from investing in early intervention programs are larger when programs are effectively targeted. The RAND Corporation* has independently estimated that the return for each dollar invested is $5.70 for the high-risk population served.


Visit the Nurse-Family Partnership website
The website is a vibrant and dynamic communications center. View a national map showing communities served by NFP; read national and regional press on NFP; learn more about the clinical trials and ongoing research; and find out how you can help support NFP.

www.nursefamilypartnership.org

Elements
- Home visitors are highly educated registered nurses.
- Nurse home visitors follow developmentally-appropriate guidelines that focus on the mother’s personal health, quality of care-giving and life-course development.
- Women voluntarily enroll as early in their pregnancy as possible with nurse home visits beginning ideally by the 16th week of pregnancy, and continuing through the first two years of the child’s life.
- Nurse Home Visitors involve the mother’s support system including family members, fathers and friends, and they help families use other health and human services they may need.
- NFP utilizes a Clinical Information System, designed specifically to record family characteristics, needs, services provided and progress toward accomplishing program goals.

Future
Goals of the NFP National Office
The NFP National Office currently supports a vibrant network of implementing agencies, serving more than 20,000 families annually in 21 states. The goal is to make the program available to all low-income, first-time families across the United States, with the continued support of the following partners and charitable organizations:

The National Center for Children, Families and Communities (NCCFC), located at the University of Colorado at Denver and Health Sciences Center, collaborates with the NFP National Office on program evaluation. Data collected by nurse home visitors at local agencies is reported through NFP’s web-based Clinical Information System (CIS). www.nccfc.org

The Prevention Research Center (PRC), directed by Dr. David Olds, leads the effort to improve the NFP model by reducing participant attrition and addressing issues such as mental illness and intimate partner violence.

Invest in Kids in Colorado (IKK), is responsible for program development work in Colorado and works alongside the NFP National Office to ensure successful statewide implementation of the program. www.ikk.org

Public/Private Ventures Inc. (P/PV), an action-based research, public policy and program development organization in Philadelphia that assists the NFP National Office with local and state-based program development. www.ppv.org

Major Supporters of Nurse-Family Partnership
Doris Duke Charitable Foundation • Edna McConnell Clark Foundation
Robert Wood Johnson Foundation • The Picower Foundation

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